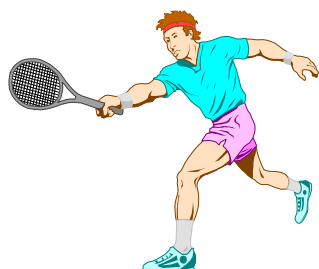
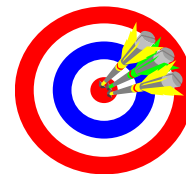


Quitting Smoking Is A Healthy Choice If you quit smoking...

MOVE!

You will discover lots of extra time to spend doing fun things!



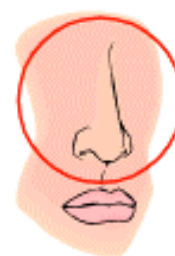
You will soon find that you can walk farther or play harder without becoming short of breath!

You will have more spending money --put the money you would have spent on cigarettes in a jar and watch it grow!!!



Your sense of taste will improve!

You will find that your sense of smell will improve!



The Nose

Your clothes/car/house will smell better!

You will be a role model to others who are trying to quit!

